CAUTION

This Grace Group contains explicit **BIBLICAL** content. It contains graphic expressions of PRAYER. The language may not be suitable for visitors offended by non-profane references to JESUS. You are strongly cautioned that your flesh may be in serious danger.



OUTLINE

I. The Superiority of Christ	1:1-10:18
II. The Response of Faith	10:19-13:25
B. The Life of Faith	11-12
1. Triumph of Faith of Heroes	11
2. Training for Faith	12
a. Running the Race of Life	12:1-13
1) Running with Endurance	12:1-3
a) Encouragement to Run	12:1
b) Enablement for Runnin	g 12:2

Race of Life = By faith fulfilling all that our Lord has designed for us (Eph 2:10)

12:1 Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, ...

12:1 Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, 2 fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

FUTURE INHERITANCE

- 1. Rewards Mt 16:27, Col 3:23-25
- 2. Crowns 1Cor 9:25, Jas 1:12
- 3. Inheritance Heb 6:12, 17, 9:16, Col 1:12, 1Pet 1:4
- 4. Positions in Kingdom 1Cor 6:1-3, Rev 2:26-27, 3:21



SPIRITUAL MARATHON

- 1. Role Models 12:1
- 2. Hindrances
- 3. Race of Life
- 4. Focus on Goal 12:2
- 5. Reward

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c) Example of Endurance	12:3

12:3 For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

12:3 For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart.

"... it is ALL MENTAL."

Junko

SPIRITUAL MARATHON

12:1 1. Role Models 2. Hindrances 3. Race of Life 4. Focus on Goal 12:2 5. Reward 6. Motivation 12:3

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2) Training for Race	12:4-11
a) Extent of Persecution	12:4

12:4 You have not yet resisted to the point of shedding blood in your striving against sin;

JEWISH READERS

- 1. 12:4 limited persecution contrast with Messiah contrast with heroes
- 2. 12:5 Forgot OT teaching

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a) Extent of Persecution	12:4
b) Attitudes toward Discip	line 12:5-6

12:4-5 You have not yet resisted to the point of shedding blood in your striving against sin; 5 and you have forgotten the exhortation which is addressed to you as sons, "MY SON, DO NOT REGARD LIGHTLY THE DISCIPLINE OF THE LORD, NOR FAINT WHEN YOU ARE REPROVED BY HIM.

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DIVINE DISCIPLINE

1. It is Biblical -

12:5

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Regard lightly

- 1. Thru Ignorance
- 2. By Complaining
- 3. By Removing pain
- 4. By Questioning Lord
- 5. By Callousness
- Solution trust & learn

"... it is ALL MENTAL."

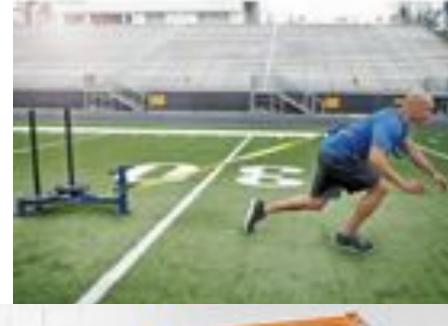
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παιδευω (paideuo)

- 1. Child training Eph 6: 4 (n)
- 2. For Correction 2Tim 2:25
- 3. For Punishment 2Cor 6:9
- 4. For Education Act 7:22, 22:3







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- 5. Christian training 12:11 (n)

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